

**How
To
Over Come
Fear and
Create Fortune**

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Do you know why you're here?

There is a burning desire that has been inside of you for as long as you can remember. This voice has been whispering to you that there is so much more to life, there is more for you to "Be" and do. This same voice or feeling is what has brought you here, **NOW!**

Nothing happens by chance, everything in your life is the effect of your own creation. Whether consciously or unconsciously you are always creating conditions that match your dominant thoughts, your thoughts are the cause and your life is the effect. Many are realizing that their lack of money, lack of good health, lack of good relationships has been the cause of their own thoughts. The first step to achieve wealth is to realize that you are in complete creative control of your life, Infinite Intelligence is eager to grant you all that you desire.

Conscious Awareness

Your dominant thoughts will most certainly manifest themselves into physical reality.

Take a review of your life and decide is this the life that you desired for your family, if you feel that you don't

have enough of anything be it money, success, good health, relationships, do you recall ever discussing these matters of lack on a consistent basis. Most people speak of the negative so often that negative talk is regular and there is nothing wrong with it, they felt it was necessary. But to discuss lack is to give power to lack, in this course we will discuss **Truth** that there is an **Abundance of Money, Success, Beauty, Happiness, and LOVE for Everyone!**

This course will provide you with the most effective and exact method to over come fear and **CREATE FORTUNE.**

Getting Rich is a science. It is an exact science, like algebra or calculus. There are certain laws which govern the process of acquiring riches; once you think and act in a successful way getting rich is a CERTAINTY!

Getting rich is not a matter of environment, because if it were, everybody in certain neighborhoods would become wealthy. The people in the same city would all be rich and other cities would be poverty stricken. One state would be rich and other states would live in poverty.

Everywhere you see the rich and the poor living in the same city, in the same environment, and in the same industry, but one will get rich while the other remains living a life of in poverty. It shows that getting rich doesn't matter regardless of environment. Some environments may be more favorable than others, but when two people in the same business are in the same neighborhood, one gets rich while the other struggles, It proves that Creating Fortune, Accumulating Wealth, Being Rich is the result of thinking and acting in a successful way.

Chapter 1

What is Fear?

What is Fear?

False

Evidence

Appearing

Real

The medical definition of fear is a chain reaction in the brain that starts with stressful stimulus and ends with the release of chemicals that cause a racing heart, fast breathing and energized muscles, among other things, also known as the fight or flight response. The stimulus could be a spider, a knife at your throat, an auditorium full of people waiting for you to speak or the sudden thud of your front door against the door frame. The process of creating fear begins with a scary stimulus and ends with the fight-or-flight response. But there are at least two paths

between the start and the end process. Let's take a closer look at how fear is created.

What Causes Fear? While it is important to be aware of potential and real threats, it is as important to react appropriately to them. For most of us, our initial startle response calms as soon as we realize that there is no actual threat or danger. There are many for who fear became maladaptive, because of this they struggle with anxiety, phobias and panic attacks.

What forms do fears take?

Fears come in a number of packages for people who have low self-esteem, such as the fear of:

***places:** school, church, crowds, planes or enclosed places & heights above or below ground

***animals:** snakes, rats, mice

***objects:** guns, knives, computers

***people:** men or women, strangers, pleasing others, losing others

***events:** nuclear holocaust, war, crime

***atmosphere:** dark, shadowy, gloomy, being alone, strange or unknown setting

***family member:** getting ill, being lost, running away

***disaster:** fire, hurricane, lightening, losing job or being fired, injury or pain, death

***reactions or responses to self:** rejection, disapproval, not being liked, disappointing others, being ignored, being the real “YOU”

***Feelings about oneself:** guilt, unworthy, unstable, weak, useless, unwanted

***The unknown:** new things, technology, change, making decisions, growing old, retirement, inactivity

What are some negative consequences of fear?

Fear can:

- Immobilize decision making.
- Prevent you from overcoming your insecurity, prevent you from trusting others, and prevent you from love.

Fear that is excessive can become crippling, and even make you feel like escaping when it's not appropriate to do so. When fear gets out of control, or when we fear something that cannot actually harm us, it can escalate to a point where it will become apparent in our daily activities. Fear is no longer modifiable if we are constantly

afraid of events that haven't happened yet. Future-oriented fear is known as anxiety. While fear happens at the moment danger arises, anxiety is characterized by apprehension because we're unsure about what's going to happen and unaware of your gift to attract your desired life by thinking and acting in a Certain Way. Fear is merely an emotion, a very strong emotion to be sure, but simply an emotion. Fear helps us avoid dangerous situations while we are children. As we mature into adulthood self-empowerment suggests we examine our fears. Do our fears serve us or hinder us? Many of us live each day moving from one fear to another, without realizing its impact and effect on our lives. Fear robs us of our creativity. While in a state of fear, our body deploys its resources to deal with the feared event, making it difficult to focus on anything else. All who have feared for the health and the survival of a loved one or have feared a life changing event has experience this. It seems difficult to be positive, creative, and energetic while watching severe weather or at the bedside of an ill loved one. Excessive focus on a feared event will attract to us exactly the event which we fear. This is the Law of Attraction: what we focus on we create. We will go more into the Law of Attraction later in this course. Our thoughts send off a frequency a vibration of energy that attracts events of similar frequency. We lose a wonderful gift when we focus on a feared event, the present. Since feared events are always

future events, when you focus on fears you fail to appreciate the present (Gift) moment. Unfortunately, you're missing the beauty of life one second at a time. Life is the present (pre-sent), it is the (NOW). All we ever have is the pre-sent (NOW). That is the gift of life. The past is over; the experience we carry with us. The future is uncertain to the unconscious while the future is created by the consciously aware beings. Fear is like sitting in a rocking chair; you use a lot of energy but you never get anywhere. The Jedi Master Yoda so wisely tells us "Fear leads to anger, anger leads to hate and hate leads to suffering." Today's the day you decide that enough is enough; and make the choice that you you'll live your life with purpose rather than fear. Make the choice to live a life filled with love, joy, and happiness.

To free yourself from your fears these tips should help:

- Remind yourself that F.E.A.R is (False Evidence Appearing Real)
- Feel yourself "Being" happy

- Declare out loud that you are releasing this fear from your mind
- Create positive thoughts

If you succumb to your fears they will prevent you from reaching your full potential. Once you face your fear, the origin of your fear, and the likelihood of it manifesting, you will move toward your goals without the road blocks of unnecessary fear.

Chapter 2

How to

Overcome Your

Fear!

People often ask if it is possible to rewire thoughts. Can you release negative emotions? Is it possible to stop feeling the anguish of traumatic events? I say to you YES!!! Most people try to reason with their fears, recognizing that they make little to no sense, still in doing so nothing changes. Why? It's because logic has little to do with emotional experiences. The mind is a magnificent and powerful tool, but it doesn't care whether you're conscious or unconscious. Your subconscious mind can't tell the difference between what is real and what is imagined. Your mind accepts information without question. Once it believes something is true, it seeks to fulfill and protect that belief. Our beliefs function on many levels and your conscious thoughts are not necessarily the ones controlling your actions. It's time for more people to redesign their thoughts, effort, and energy to Love and Beauty to change their current situation. More people should constantly read books, listen to CD's, attend seminars, learning how to Master this gift. You can change your thinking right now!!! We are not born with fear, some of your fears are created by your own experiences, what someone has told you, and what you read in the papers and watch on the television. Here's an example you may feel fearful walking in bad area of town in the middle of the night. When you realize that **you** can change that feeling immediately, leave the area and avoid going to there again, you'll no longer need to fear it. Fears, even the

smaller ones, can totally destroy your dreams. Fear can destroy fortunes. Fear can destroy relationships. Fear, if unchecked can destroy lives. Many feel that fear is something that you fight against but in reality to focus on fighting will create more of it into your life. Think excellent thoughts! If you think a fearful thought create a thought of courage. Anything that you focus your mind on will manifest more of that thought, so if you're focusing on fighting fear, your thought is on fear and will create more of that fear to fight. Your mind doesn't decipher whether the thought is positive or negative it'll give you exactly what your thought is because your mind says "You must really like this, you're always thinking of it, let me give you what you desire". Let me give you five other signs that if you're thinking thoughts or having feelings of one of these five signs change your thoughts **immediately!**

- **Timidity:**

Timidity is over-caution. It is the over-cautious approach to life. Timidity is not an admirable quality; in fact, it can become an illness. If you let it, it'll conquer you. Timid people don't get promotions. They don't advance and grow and become powerful in marketplace. Change your thought from being timid

to being willing to try new things and create whatever you desire, **DREAM BIG** and make it happen.

- **Doubt:**

Doubt destroys dreams manifesting. You've had a great idea and before you wrote it down you began to doubt and in a matter of seconds something that was so beautiful has been lost from the world because of your own doubt. Many people doubt one another, the government, religion, and worst of all THEMSELVES. I can assure you that if you don't convert doubt into faith it will destroy your life and your chances for success. It can rob your heart and diminish your bank account. If you have a doubtful thought change it immediately to belief and faith in whatever you desire. Believe that whatever you desire there is more than enough of it, because whatever it is there is enough for you to have an abundance of it. So if it is money there's more than enough, if it is love there is more than enough, if it is joy there's more than enough.

- **Indifference**

Indifference is that which causes the “Oh Whatever” attitude. It is, I will just drift along and do just enough to get by. Remember drifters rarely drift to the mountain top.

- **Indecision**

Indecision is what robs millions of enterprise and opportunity. It can rob you of your chances of a better future if you let it. You can change indecision immediately by being quick to make decisions and slow to change them. You'll excel at this by constantly making decisions.

- **Worry:**

Worry has hindered many lives, don't let it conquer you. Worry comes from lack of understanding that worrying has never created wealth or happiness, on the contrary it has stolen these things from all who let

being worried consume them. You can change worry into confidence, by having faith. If you worry about not having enough money, change your thought to believe in the fact that you have abundance. Your mind say's "I see abundance is what you like, let me create more situations so you can continue to feel this way". When you awaken and realize that you are in creative control over how you think, feel, and live. Take responsibility and create your perfect life, **RIGHT NOW!!!**

Chapter 3

Worthy to be Wealthy

To live a successful and complete life one must be rich. No person can rise to their highest level in spiritual development or in talent unless they have plenty of money; to develop talent and unfold the soul there are many things to use, and to buy these things one would require money.

Development is the object of all life; all life has a perfect right to attain the highest level of development capable.

Man's birthright is to use all things necessary to his fullest mental, spiritual, and physical development; or in other words, the Right to Be Rich.

In this course you'll realize that no one ought to be satisfied with a little when they are capable of Being and enjoying more. Nature's purpose is the advancement of life; everyone can enjoy elegance, beauty, and the beautiful richness of life; to settle for any less is the true sin.

The person who has all they desire for the living the life they are capable of living is wealthy; anyone who doesn't have plenty of money can't have all they desire. Life is at the point now, to live a lifestyle that resembles being complete will require a great amount of wealth. It is natural in all of us to aspire to be all that we can be, constantly becoming. Success in life is be being what you desire to be; by making use of things you can become what you

want to be, but to have these things you must have riches to buy them. Therefore the most important of all knowledge is to understand the science of getting rich desiring to be rich is absolutely fine. The desire for riches is really the desire for a richer, fuller, and more abundant life; and that desire is to be praised. The person who doesn't desire to live life more abundantly is not normal, so that means that the person who doesn't desire to have money enough to buy all he wants is not normal.

There are the life reasons that drive us to live; for the body, for the mind, and for the soul; and REAL life complete expression of your mind, your body, and your soul. That's why whenever there is an incomplete task or possibility not recognized there is desire unsatisfied. Desire is possibility seeking expression, or function seeking performance.

Man's body can't fully live without food, warm shelter and comfortable clothes; and without being able to roam freely. Rest and recreation are required to physical life.

He can not live completely in mind without books and the necessary time to study them, without travel and experiencing different cultures, or without surrounding himself with intellectually stimulating companionship.

To be fully alive in mind there must be intellectual recreation, and you should surround yourself all the beauty and art capable of being appreciated.

To fully live in your soul; you must have love; and poverty denies love expression.

I've been the happiest in my life being able to give great benefits on my wife, my children, and family and friends. Love finds its greatest expression in giving. A citizen, a husband, a father, and a man can not fill there place if they have nothing to give. Man unfolds his soul, develops his mind, and finds full life for his body by the use of material things. So we should agree that it is of utmost importance that we should be rich.

It's your right that you should desire to be rich; if you are a normal man or woman you can't help in doing so. It is right that you should focus your attention to this method a creating wealth, for it is the noblest and the most necessary of all research. If you neglect this method, you'll be negligent in your-self, to God and humanity; for you can render to Intelligent Mind and humanity no greater service than to be the best you can be.

Step 4

**Thoughts create
things**

Thought is the only power that can produce physical riches from formless substance which thinks, and a thought form in this substance produces the form.

Original Substance moves according to its thought. The visible expressions of thought in Original Substance are the forms and process you see in nature. A blade of grass sprouting from the soils is a perfect example of this. Every thought held in thinking substance, causes the creation of the form, but always, or at least generally, along lines of growth and action already established.

If you focused and thought of the construction of house, if you had the thought impressed upon the formless substance, the house may not instantly appear; but it would result in the transaction by trade and commerce turning the creative forces to result in the speedy building of the house. If there were no channels for creative energy to work, then the house would be formed from primary substance.

**NO THOUGHT OF FORM CAN BE IMPRESSED UPON
ORIGINAL SUBSTANCE WITH-OUT CAUSING THE
CREATION OF THE FORM!**

Man is a thinking center, and can originate thought. Every form that is hand made must exist in thought first; man can not create a thing that he has not thought about.

To this point man has recognized his hands as vessels that opened up possibilities unimagined in centuries prior. Man has used manual labor when seeking to change or modify those already existing. Man is experiencing the creation of new forms by his/or her impressing thoughts upon the formless substance.

When we have a thought-form, we take the material for nature, and make an image of the form which is in his mind. He has made effort to co-operate with Formless Intelligence. Man reshapes and modifies existing forms by manual labor; he is now giving attention to the fact that we can produce things from formless substance by communicating our thoughts to it.

First acknowledge that such power does exist, from which all things are made. And this power is a thinking substance and a thought held in it produces the form of the thought. Man is a thinking center, and is capable of original thought. When you properly communicate your thoughts to original substance you can cause the creation, or formation, of the thing that he thinks about.

There is a thinking stuff from which all things are made, and which, in its original state, permeates, penetrates, and fills the interspaces of the universe

A thought in the substance, produces the thing that is imaged by the thought

Man can form things by his thoughts, by impressing his thought upon Formless Substance, can he cause what he thinks to be created.

After hearing that most, people want to see proof it works.

Any one who follows the instructions from this course and creates wealth that will support the claims that have been made.

It is said that men and women get rich by doing things in a certain way; to do that you must be able to think in a certain way.

The way a man does things is the direct result of the way he thinks about things!

For things the way you desire them to, you will have to acquire the ability to think the way you want to think; it's one of the most important steps toward creating wealth.

To think what you want to think is the TRUTH, no matter how it looks.

Every one has the power to think what he/ or she desire to think, but it'll take a little more effort to do so than it does to think the thoughts suggested by appearances. To think because of the way a situation looks is easy; but to think thoughts of truth no matter the way it looks takes effort, and it requires you use more power than any other act prior.

Focus and attention are required for sustained and consecutive thought it is the hardest thing in the world for most to do especially when the situation is contrary to your thought. Everything we see creates a form in the mind which observes it; but you can prevent this by holding on to truth.

To think health when you are surrounded by the appearance of disease, or to think wealth when in the middle of poverty, requires power; he who develops this power becomes a Master Mind. He can have what he desires.

Chapter 5

Creation or Reaction

What is Creation? Creation spiritually begins with the original blessing, rather than with original sin. It remembers the origin and the true nature of everyone and all things is “very good”. The true self has been distorted and obscured by one own understanding of who are true self is. Redemption comes to us, not as a power different to our natures, but as an “I re-member” experience that awakens us to the truth of our true selves. We re-connect with reason and intuition, consciousness, and embodiment, ourselves and others-humans, animals, plants. The creative spirit unleashes power to live and develop the most pleasing experience possible, and the possibilities are endless. Our true self is loving, beauty, joy, excellence etc..... Our true selves don't set up competition between men and women, married and celibate, heterosexual and homosexual, white and black, Christian and non-Christian. It is political and social equality that should be are focus. It is absolutely wonderful to see all beings interconnected in our magnificent cosmic community. It gives us the ability to lay aside our defenses, our needs for control, domination, and destruction of others. It is the spirituality that is necessary for and ecological, peacemaking, and a just world community. To open out into manifestation the wonderful

possibilities hidden in the Creative Power of the Universe we are required to do two things – to see that we ourselves are necessary as centers for focusing that power, and at the same time stop thinking thoughts of us adding anything to the power itself. It is not You or I who work the power; but the power needs me because it cannot express it self without me; therefore the two work perfectly together. The higher the degree of Creation the more intelligent and willing co-operation of the individual is invited. This fact is wonderful beyond our present beliefs, and full of increasing glory if we realize the foundation of truth on which it sits. But here's the danger. It's not realizing that the Infinite Impersonal is and that the Infinite of the Personal is. Both are never-ending and work through our personality, and are in exact balance of each other. This power will bring you all that you desire it is perfect in all ways, it is conscious awareness. It is being aware that you have the power to create all that you desire, you've had this all along but didn't know. This power works exactly the same whether positive or negative, it's always creating "all-ways".

What is Reaction? Reaction is the opposite of creation. Reacting instead of creating has been the cause of millions of people feeling helpless and hopeless. Most

people go through life waiting for things to happen then they react, rather than regaining control of their life experience and create the life they desire not the one being created unconsciously. Day after day people go to a job they don't like and doesn't pay them what they would like to be paid and feel that that you have to. I'm here to let you know that you have the power to create the life that you desire as long as your desires don't take from another. I stress that because someone just read that and said "I can desire others peoples things and I'll get them" or "I'll quit my job today" let me clarify. When you choose who you are and what you desire you can "Be" that instantly by "Being" it. If you are in a job but you desire for more, do every thing to our best ability become to large for your place of business and you'll surely see the magnificent All- Mind manifest all required to bring you your desires. Let me tell you when you understand the power that is available to you you'll understand that you create what you desire by constant thought upon the Formless Power so you'll never be without, the universe is at your command. Lack of wisdom regarding this fact is evident in the many that focus on poverty and sickness and etc....If you're saying that you wouldn't wish negative things on yourself, maybe you're right, not consciously but you are creating them. Has someone ever asked "May I borrow a dollar", you have \$5 but feel that by giving one away you'll be worse off so you focus on having less. Your

focus is on lack so the Universe says “I see you like this, I’ll give you exactly what you like” so you get more feeling of lack and circumstances arise to create that feeling for you. To change this using the same scenario instead of feeling lack give with the **FAITH** and **BELIEF** that you have an abundance and it’s your pleasure to give, understanding that you have access to an unlimited supply of all that is good. This will send the signal to the Universe and the Universe will reply (I see you focus on this often, I’ll give you exactly what you like” so you get more feeling of abundance and circumstances will manifest creating more abundance. This power is magnificent and with the understanding of its Infinite power you can change your life **RIGHT NOW!**

Here are some tips:

- Everyday several times a day focus your thought to the feeling of whatever you desire, thinking the thoughts of absolute possession. EXPERIENCE the EXPERIENCE of being and doing what you desire.
- Decide what pleases you, be and do that. Feel the feeling of it, if it’s that car see yourself riding down the

street playing your favorite song. You can really have fun with this for anything, after you hold the thought it transmits to the Universe and will be manifest. The problem for most is that if it doesn't happen 5 seconds most people get doubtful and think the thoughts of doubt and the Universe say "Oh so you want this now, you like this feeling of doubt now. I'll give you exactly what you like".

- Keep the Faith knowing that this power is perfect and if we hold a thought long enough it will manifest into the physical, this is the **TRUTH** and the **TRUTH SHALL SET YOU FREE!**

Chapter 6

How to Create a Positive Attitude

"How can I build a more positive attitude and maintain it?" That's a question I'm constantly asked. My typical answer is this: you get a positive outlook by disciplining your mind through repetition. You read positive material every day. You listen to uplifting audio programs. You hang around people who are positive. You use positive language.

But there's one more technique you can use to get a tremendous boost in your attitude:

PURSUE WHAT YOU ARE PASSIONATE ABOUT!

By passion, I mean an activity that when you do it or even speak about it, you get excited. You come alive. Your enthusiasm bubbles over.

Some people are fortunate enough to be in a career where they pursue their passion each and every day. These are the people who love going to work. Let's face it. If you hate what you're doing all day, it's tough to have a positive attitude.

For the purpose of this book, I'm concentrating on areas where you take an active role. For example, you could be passionate about watching sports as a spectator, but that's not what I'm getting at. I'm asking you to identify opportunities where you can participate. It doesn't have to be something where you work up a sweat.

You could collect stamps or coins or comic books. You could study art history and visit museums. You could write a book. Only you know what gets your juices flowing.

I know what some of you are thinking. You're saying to yourself, "I know what my passion is, but it would be unrealistic for me to pursue it right now. I have a mortgage to pay. I have to help support my family. It's just not possible for me to quit my job and do what I love."

Rest assured, I'm NOT suggesting that you act irresponsibly. You don't have to quit your job to pursue your passion. Lots of people use this as an excuse. The truth is, you can treat your passion as a hobby at the outset. That's what I did. I loved motivational materials so much that I started to think about how I could share this information with others. All I knew was that I was passionate about this material and wanted to do something with it.

I was a course advisor for a real estate investment training company. I had known for at least 2 years that I loved to speak of these magnificent powers and I felt that humankind would become aware and more evolved if this information was presented by more people. I began with speaking to friends and family and I imagined "Being" in front of a crowd and speaking and I could see my suit, the stage, how I moved in great detail. If there is something that you desire to "Be" start "Being" that everyday of your life, If you desire to be a writer, then write, a singer start singing, a dancer start dancing. Whatever you desire "Be" it, most people don't pursue what they love and drift

through life negative and un-happy about their life. Make your decision NOW what you are passionate about and start doing that and the Universe opens doors, create circumstance, and draws people to you to assist you achieve your dream.

I desired to share this information with the world, so I began reading everything I could and I listened to audio daily. I began to write information and before I knew it I had my very first Personal Empowerment Course. Since that I've writing several books and I speak all over the country and soon to be the world to share the wisdom that we are in absolute control over our lives.

I'm guessing most of you have a passion you're not following right now. Maybe you want to be a writer. Maybe you'd like to sing, perform in a band, or do stand-up comedy. Perhaps you have talent working with your hands or you're a great cook with some unique recipes. You just know that when you think about it, speak about it or actually do this activity, you feel passionately alive. Time seems to pass quickly. You're completely absorbed and in the moment.

I think every person comes to this earth with special talents to express. You have talents that you bring to the table and you express that talent in a way that nobody else does. You feel positive, fulfilled and happy when you express the talent and you feel like "something is missing" when you refuse to engage in that activity and keep ignoring it.

Nature does not give you the desire to do something that you don't have the ability to do. You have the desire to pursue this passion because it is something you were meant to develop - and more often than not, when you develop this talent and express it, you're going to make a positive contribution to the lives of others as well.

Following my passion led to a career change. But that isn't the case with everyone. You can have lots of fun and enjoyment pursuing your passion while remaining in your current line of work. In fact, you'll find that your enthusiasm carries over to your full-time job.

That's why I keep saying that you don't have to quit your job. Put that excuse to bed. Find some way to do what you love. Take the time you've been watching TV or reading the negative articles in the newspaper and re-allocate it to pursuing your passion.

By the way, just because you're passionate about doing something doesn't mean you'll be able to do it well right away. In most instances, you have to develop the talent, and be willing to face your fears.

I had a passion for communicating motivational ideas, but at the beginning I had no experience in public speaking. I had to develop that talent over a period of years. I also had to learn to improve my writing skills. The same is true with you. Here again, don't use the excuse that you're not good enough to pursue your particular passion. If you love to sing, but you think you're not good enough, take singing lessons. Sing badly at the beginning, but SING!

When you follow your passion, you'll be much more positive and excited about your life. That will transfer over into other activities as well. And you'll be amazed at how opportunities open up for you. I'm not saying your passion is guaranteed to make you a lot of money. It may, but then again it may not.

In any case, don't have money as your primary focus. You'll be a happier, more fulfilled person when you follow your passion. And, take it from me, it's a decision you will never regret, and it will do wonders for your attitude.

Chapter 7

Law of

Attraction

Law of Attraction

We create our own reality. We attract those things in our life (money, relationships, employment) that we focus on. I wish I could tell you that it is as simple as stating an affirmation, but no affirmation is going to work if your thoughts or feelings are negating the positive.

When we focus on "having less" then we create that experience for ourselves. When we focus on "I hate my job" then we will never notice the aspects of our employment that might be satisfying. Basically, just wanting something isn't going to bring that to us when we continue to obsess on the not having of that something. All we will experience is "not having" and will be ultimately blocking our true desires.

Better to focus on a particular object or scenario rather than on winnings or cash.

Another mistake that we make is that we tend to think of abundance in terms of how much money we have in our bank accounts. I personally think focusing on winning the lottery is a fruitless event. Focusing on winning the lottery

is kind of like focusing on "not having." I say this because of some discussions I've had with those who have held this desire, they have shared what they would do with the winnings if they won. Yet, some of the things they say they would do with the money they could actually already be doing with their current incomes on a smaller scale, but they don't. Why not? They cling to what they perceive as their "meager savings" with the attitude that they don't have enough out of fear.

Here is an example of this:

A man's mother owns a car that is need of repair. The son says "If I won the lottery I would buy my mother a new car." But actually, the son has the means to take her car to the mechanics and pay out \$400 needed in repairs to assure that his mom has a dependable car to drive back and forth to the market. When asked why he doesn't then just go ahead and have her current car repaired, he answers, "Well gee, I only have \$800 in the bank, and doing that would knock out half my savings. What happens if my car needs repairs next week or my daughter gets sick and needs to see a doctor?"

So you see, the person's true focus is on "not enough" rather than being focused on winning the lottery. When we are focused on "not enough" it won't ever matter how much money we have, it will never be enough. Suggesting

that he pay for his mother's car repairs brought his fears out into the open. It would be nice if the fellow could trust that by helping his mother and paying for the repairs he would not put himself at financial risk. But for the time being, while he feels he must hold onto that fear reality, I would suggest this man focus on visualizing his mother driving safely to and from the market in comfort and without experiencing any mechanical breakdowns. This would be a positive image/thought to get that picture to become a reality. Another suggestion would be to introduce the Law of Attraction to his mother so she can start attracting a new car for herself among other things she might desire. The Law of Attraction says that “Like Attracts Like” meaning that your thoughts send out energy waves or vibrations into the Universe, thoughts of similar vibrations will draw to one another. So if you’re thinking wonderful thoughts of a beautiful rainbow or a magnificent painting your vibrations will match your thoughts and draw things of similar vibrations to manifest allowing you to continue feeling wonderful. The same is exactly true if the thoughts are negative, the Law of Attractions pays no attention to whether the thoughts are positive or negative. It responds to whatever your dominant thought is focused on and says “Your wish is my command”. Most people focus on lack, worry, doubt, fear and wonder why their life continues this way. I’ll tell you, the Universe is like a projector and whatever you feed it it’s going to play it on

the big screen we call our Life Experience. If you are aware of this fact then you will begin to recognize a negative thought and can immediately change it, if you start feeling fear think courage. When you start having the thought of lack think thoughts of abundance, when you start thinking thoughts of sickness think thoughts of great health. Immediately your mood will change and you'll be grateful and happy and the Universe will manifest more things and people to create more of these grateful and happy feelings. The fastest way to manifest your thoughts and desire is to have gratitude for what you have now and what you desire knowing without a doubt that it will manifest. Many people go through life coasting and missing out on the beautiful experiences this life has to offer. When you live a life of Gratitude and Love your thoughts are always of peace, prosperity, abundance, beauty. This is your true "Self" that has been yearning for expression all of your life, that causes the disease (disease) and sickness in most people because their spirits longing for expression is held back and ignored and inside the feeling of lack takes effect on the body. This is the day that you decide if you want to drift along or create your way to achieve wonderful things, whatever makes you happy without denying another of the same happiness. Think good thoughts as William Shakespear stated "To Thy own Self be true"

CHAPTER 8

Power of Thought

How do thoughts become things? Thoughts and things are correlated. Every thought reminds you of a thing. Similarly, every thing reminds of a thought. Always there is an action and reaction between things and thoughts. Things react to your thoughts, and thoughts react to things. Thoughts bring change into a thing, so does a thing bring change in the form of thoughts. According to the modern sciences of psychology, physiology and metaphysics, it has been proven that thoughts do transform, rearrange and set into motion and activity the material particles in our brains thereby creating a specific mental state. The mental state produces a similar effect on the minds of your cells, organs, and physical body. The influence of thoughts on objects of the world is as effective as on the mind of your cells which constitute your glands, nerves, bones, skin, flesh etc. The psychic treatment can be given to the objects, conditions, circumstances, environment, etc. exactly in the same way as you give psychic treatment for physical conditions in your own body, or in the body of another person.

When your thoughts become creative psychically they will bring results in your life which at first will appear to you just unbelievable, startling, miraculous and supernatural. But really there is nothing miraculous and supernatural in the results which come purely by the use of the higher

forces of Nature, known as psychic powers. Every move of the process which transforms your thoughts into things is made in accordance with natural law and order of Nature. The psychic law is natural and it works 100% along natural lines. You must know that the psychic laws work for you only when you set them into operation and activity; otherwise nothing will happen to bring desired results in your life. If science would not set into operation the law of electricity, you would not be able to use the electricity for lighting, in your refrigerator, heater, air conditioning etc. Once you have controlled electricity, it's available for the desired use for your good living. Similarly, as soon as you control the psychic forces of Nature, all you have to do to make them function for your well being and good living is just to press the button psychically and they go into action instantaneously and you wait for the immediate and instantaneous results. As soon as you plug your radio, you wait for a second to hear the program. Similarly, you press the psychic button and just wait to get instantaneous results. Just as electricity and thought waves materialize into music and sound on your radio, similarly when you press the psychic button your thoughts become creative and they materialize into physical and material conditions, circumstances, environment and happenings in your life.

People who have not mastered the process of psychic creation and whose thoughts are not creative, think that

the things would have happened anyway in their lives. They are not able to understand that they happen due to the forces of the higher mind. The wrong belief that the thing would have happened anyway in their lives, makes people more and more negative and lazy, and they start to take things good and bad as they come to them and do not make any effort to improve their conditions in life by supplanting negative and harmful thought projections by positive and creative thoughts. As soon as you start replacing the negative and uncreative thoughts by the creative and well-defined one, immediately you find that the undesirable persons, objects, happenings, environment in your life start to disappear and instead, good objects, positive conditions and happenings, environment start to appear, and thus your whole life is changed in a short time. This change could never be achieved by physical efforts and the use of the conscious mind. When you can make your thoughts creative, you can do wonders in your life, because you can really create things for yourself.

When your thoughts become creative, they have drawing power behind them which can pull or push persons, objects or things to you or from you. The creative thoughts make the framework around and about which start to materialize conditions, events, things, environment and

happenings, which you desire to become a reality in your life.

“Around and about the indwelling creative mind the crystallized substance crystallizes and forms a crystal. In the same way around and about your creative thoughts the phenomena is created as desired by you. When your thoughts become creative they set into operation and activity the higher forces and powers of the mind, and there goes into action the law of mental attraction drawing persons and objects to you. The law of mental attraction, once set into operation, proceeds like a big piece of machinery or like some powerful physical process and creates instantaneous results in your life. When thoughts become creative, their magnetic power starts to attract and draw, pull and push persons, objects or things to you or from you.” The creative thoughts make the Framework around and about which start to materialize conditions, events, things, environment and happenings, which you desire to become a reality in your life. **“Around and about the indwelling creative mind the crystallized substance crystallizes and forms a crystal; in the same way around and about your creative thoughts the phenomena is created as desired by you. When your thoughts become creative thoughts the phenomena is created as desired by you.**

When your thoughts become creative they set into operation and activity the higher forces and powers of the mind, and there goes into action the law of mental attraction drawing persons and objects to you. The law of mental attraction, once set into operation, proceeds like a big piece of machinery or like some powerful physical process and creates instantaneous results in your life. When thoughts become creative, their magnetic power starts to attract and draw, pull and push in numerous ways the things, persons and conditions necessary to materialize your thoughts into a reality.”

Step 9

Action Efficiency

You must use your thought as directed in the previous chapter, you should start being where you are; and you must do ALL that you can do where you are currently.

The way to advance is to be larger than the place you are right now; and no man who leaves work undone is larger than his present place.

Those who more than fill their spaces advance the world.

If no one filled their present place, we could come to the conclusion everything would go back words. No society would be able to advance if everyone was smaller than their place; social growth is guided by the law of physical and mental growth. In the animal world, evolution is caused by excess of life.

When a living organism has more life than can be expressed in the functions of its own level, it does the organs of a higher level, and a new living organism is created.

If organisms had not more than filled their spaces there would never have been new species. The law works exactly the same for you and I; your getting rich depends upon your applying the principle to your life.

Each day is rated as a successful day or a day of failure; and successful days are what bring you what you desire. If

you fail everyday, you can never get rich; while if everyday is a success, you will most certainly get rich.

If there is something that you can do today, and you do not do it, you have failed as far as that thing is concerned; and the results may be more disastrous than you imagined.

You can not see the results for even the smallest act; you do not know the workings have been set moving in your behalf. Much could depend on you doing some simple act; it could be the very thing that can open the door of opportunity to very great possibilities. You'll never know all the combinations that Infinite Intelligence for you in the world of and of human affairs; your neglect or failure to do some small thing may cause a long delay in getting what you desire.

Do, every day ALL that can be done that day.

There is a limit of the previous statement that you must take into account.

You are not to overwork, nor to rush blindly into your business in the effort to do the greatest possible number of things in the least amount of time.

You are not to do tomorrow's work today, nor to do a week's work in a day.

It is not the number of things you do, but the **Efficiency** of each action that counts.

Every inefficient act is a failure, and if you spend your life doing inefficient acts, your whole life will be lived inefficiently.

On the other hand, every efficient act is a success, and if every act of life is an efficient one, your whole life **WILL** be a success.

You will see that it is a self-evident proposition that if you do not do inefficient acts, and if you do number of sufficient acts, you will become rich. If, it is possible for you to make each act an efficient one, you see again that the getting of riches is reduced to an exact science, like mathematics.

The matter turns to the question whether you can make each act a success in itself. And certainly you can do this.

You can make each act a success, because ALL Power is working with you; and ALL Power can not and will not fail.

This power is at your service; and to make each act an efficient one you must put power into it.

All action is either strong or weak; and when every act is strong, you are acting in the way that will make you rich.

Every act can be made strong and efficient by holding your vision while you are doing it, and putting ALL of your FAITH and PURPOSE into the act.

Those who separate mental power from personal action will have difficulty. They use the power of the mind one place and at one time, and they act in another place at another time. These acts are not successful in themselves; too many of them are inefficient. But if you put power into every act, no matter how minor, every act will be a success in itself; and the nature of things is that every success opens the way to other successes, your progress toward what you want, and the progress of what you want toward you, will become increasingly rapid.

Being successful is repeating success. Since the desire for growth is evident in all things, when a man begins to move toward larger life more things attach themselves to him, and the influence of his desire is multiplied.

Do, every day all that you can do that day, and do each act in an efficient manner.

In saying that you hold your vision while you're doing each act, however trivial or minor, I do not mean to say that it is necessary at all times to see your vision in exact detail. It should be practiced in your leisure hours to imagine the details of your vision, and to think on them until they are

fixed upon memory. If you desire speedy results, spend practically all of your spare time in this practice.

By continuous thought you will get the picture you desire, even to the smallest details, so firmly fixed upon your mind, and completely transferred to the Intelligent Mind, that in your working hours you need to only to mentally refer to the picture to stimulate your faith and purpose, and cause your best effort to be put forth. Think about your picture in all your spare time until your consciousness is so full of the picture that you can grasp it instantly. You will become so excited with this glorious promise that the mere thought of it will call on the strongest energies of your entire being.

Chapter 10

Prosperity

To increase life you must get rid of the old idea that there is a higher power whose will it is that you should live in poverty, or that you're serving some purpose being kept in poverty.

This Intelligent Substance which is All, and in All, and which lives in all and lives in YOU, is conscious substance. Since Intelligent Substance is consciously living it must have the desire for increase of life like living intelligence. All living things constantly seeks growth of its life, because all life, the mere act of living , must increase itself.

If you drop a seed in the ground, the process of growth begins, and in the growth produces hundreds of more seeds; life, by living, will multiply itself. It is infinitely becoming more; it must grow or evolve if it continues to be at all. For continuous increase Intelligence is necessary. Every thought we think causes us to think another thought; your consciousness is constantly expanding. Every time we learn a fact we are lead to the learning of another fact; knowledge is always increasing. Every talent that we develop creates the desire to cultivate another talent; we are constantly feeling the urge of life, seeking expression, what ever inspires us to know more, do more, and "BE" more.

For us to know more, do more, and be more we must require more; we require things to use, for we learn, do,

and become, only by our use of things. We should desire to be rich, so that we can have more. The desire for wealth is life seeking to be fulfilled; all our desire is a possibility unexpressed come into action. Desire is cause by power seeking to manifest. Your desire for more money is the same as what causes the plant to grow; it is life, seeking expression.

You were born to be rich because you can express yourself better if you have plenty of things to use in giving him expression. You will live more when you realize that you have unlimited command of the means of life.

The Universe desires that you have everything you desire to have.

Nature is always true to your plans

Everything is naturally for you.

Make up your mind that this is true.

You should desire REAL life, not mere pleasure of indulgent gratification. Life is living; we really live when we perform every function, physical, mental, and spiritual, of that which he's capable, without excess in any.

You do not want to get rich to satisfy animal desires; that is not life. Performing physical function is a part of life,

and you can't live completely when you deny the impulses of the body a normal and healthful expression.

You do not desire to become wealthy solely to enjoy mental pleasures, to gain knowledge to outshine others, to be famous, or to satisfy ambition. All these are a legitimate part of life, but man who lives for the pleasure of the intellect alone will have partial life, and he will never be satisfied.

You also do not want to get rich only for the good of others, to lose yourself for the salvation of mankind, to experience the joys of sacrifice and philanthropy. The joys of your soul are only a part of life; and they are no better or nobler than any other part.

Get rid of the idea of a power that wants you to sacrifice yourself for others, and that you'll secure his favor by doing so; The Universal Mind requires nothing of the kind.

What is desired is that you should make the most of yourself, for yourself, and for others; and **you can help others more by making the most of yourself in any other way.**

You can make the most of yourself only by getting rich; so it is commendable and right that you should give first and best thought to the work of acquiring wealth.

You are to become a creator, not a competitor; you are going to get what you desire, but in such a way that when you get it every other man will have more than he has now.

Riches secured on the competitive plane are never satisfactory and permanent; they are yours today, and someone else's tomorrow. If you are to become rich in a scientific way and a certain way, you must rise out of the competitive thought. You must know that there is a limitless supply.

Never look at the visible supply; look always at the limitless riches in Formless Substance, and KNOW that they are coming to you as fast as you can receive and use them.

Never allow yourself to get anxious out of fear sickness and poverty will consume the whole earth. Never get afraid that you will lose what you want because someone "beat you to it." That can not happen; you do not desire things possessed by someone else; you create what you desire from Intelligent Substance, and the supply is limitless.

“All things come from this one thing. That which is this one thing fills all space. This power is available to all, whether you are conscious of the power or unconscious of the power, it all ways creates. The Love, Beauty, Wisdom, the power that creates all that we desire consciously or unconsciously perfectly. The understanding and knowledge of this power will manifest a life of confidence and wealth beyond prior comprehension. This Great power brings Wisdom, Prosperity, Abundance, and Health.”

Brian Maxwell

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